

# “The Most Precious, Amazing Thing We Ever Did!”

## How A Lexington Couple Found The Answer To Their Infertility Challenge At Advanced Fertility & Reproductive Endocrinology Institute In West Columbia

Kristin Young decided she would try in vitro fertilization, but only once. “If it’s meant to be for Bob and me, we believe we’ll get pregnant,” she said.

After all Kristin and Bob had been through, IVF was one of their final options. Already a veteran of fertility drug therapy and three unsuccessful artificial insemination procedures with another physician, the couple became aware of the fertility specialty center in West Columbia. Another contributing factor was Kristin’s high FSH levels. Advanced Fertility has a record of achieving success with high FSH patients even when other clinics have turned these patients away. This gave the Youngs additional hope.

The Youngs met with Advanced Fertility founder and director, Dr. Gail Whitman-Elia and, after a series of advanced testing, learned that a significant part of their fertility challenge had to do with antibodies in Bob’s system. These antibodies were preventing natural egg fertilization.

“Dr. Whitman-Elia was terrific,” said Kristin. “We never felt rushed or any pressure to do any-

thing while she calmly explained our options. We came away with confidence that she really had a handle on what needed to be done to help us. After long consideration, and much prayer, we decided to give in vitro fertilization one try.”

wouldn’t be finding out until the next day. I had the clinic postmark a letter with the confirmation and I placed it in our mailbox. I attached a note to Bob from our unborn child saying how much she couldn’t wait to meet him and how she knew he would be a wonderful father. Bob grabbed the mail when he got home from work and dismissed the envelope as a bill. When I finally got him to open it, I think he almost passed out!”

Today, Kristin and Bob are the proud parents of Rebekah Ryan. They are eager to share their experience with other couples that are struggling with infertility and to let them know there is hope. They also enjoy sharing the news about the compassionate care and results they experienced at Advanced Fertility.



After more than a three-year roller coaster emotional and physical ride, Kristin got the call from Advanced Fertility that she was confirmed pregnant. “I was at work and had told Bob we

**To contact Dr. Whitman-Elia, call (803) 939-1515.**

The art & science  
of creating **families**  
Advanced Fertility  
& Reproductive Endocrinology Institute, LLC  
[www.ivfwecare.com](http://www.ivfwecare.com)